

**Prayers
with
Our Lady of Good Counsel**



**Selected Prayers for
Youth Faith Formation**

2020-2021

The Sign of the Cross

The Sign of the Cross is an ancient, Apostolic, practice and prayer. It reflects Saint Paul's Letter to the Galatians (6:17) reference to bearing the marks of Christ on his body. Luke's Gospel (9:23) tells us that we must take up our cross daily to follow Christ.

The Cross is a badge that shows who we are (see Pope Francis' April 18, 2018 video on teaching the Sign of the Cross).

The sign of the cross was first made on our forehead by our priest, parents and godparents – claiming us for Christ, with a sign against the evil one.

In making this sign, we mark ourselves as claimed disciples living life for Christ. Making the Sign of the Cross professes your Credal confession of Christian Faith (see the Catechism of the Catholic Church profession of the Christian Faith, CCC 232-).

We trace the cross on ourselves, our right hand to our forehead, then down to our breast, then to our left shoulder, then to our right shoulder.

We do this in the name of the Father, and of the Son, and of the Holy Spirit, Amen. We unite ourselves to our Triune God, to Christ's Mystical Body, with Christ as the head (CCC 789).

In the name of the Father,
and of the Son,
and of the Holy Spirit
✠ Amen.

The Lord's Prayer

'Lord, teach us to pray' (Luke 11:1). Jesus responds with this prayer (see the Catechism of the Catholic Church, Christian Prayer).

'Since the very first steps on her journey the Church has taken up this invocation to Abba, Father (Mark 14:36) and made it her own, especially in the prayer of the "Our Father", in which we say every day: "Our Father... Thy will be done, on earth as it is in heaven! (Matthew 6:9-10)". (Benedict XVI, General Audience, May 23, 2012). After these petitions for the fulfillment of God's Will, we present our wants that we be nourished, healed, and made victorious in the struggle of good over evil (see the Catechism of the Catholic Church, the Lord's Prayer) .

In our 'Amen,' our 'so be it,' we confirm our trust in God's faithfulness toward us (Catechism of the Catholic Church Profession of Faith).

The Lord's Prayer is found in the Gospels of Matthew (6:9-13) and Luke (11:1-13). Listen to Dr. Scott Hahn about the Lord's Prayer through Formed.org.

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
✠ Amen.

The Hail Mary

God delivers this greeting to Mary through the archangel Gabriel (see the Gospel of Luke 1:28,42). Mary is full of grace because the Lord is with her (Catechism of the Catholic Church, 2673–). Mary gave her consent in faith, becoming Mother of God through her unique cooperation with the working of the Holy Spirit. Mary is our model in faith in her assent, ‘Let it be with to me according to your word (Luke 1:38). We may entrust our cares and petitions to Mary as conform ourselves to the will of God.

Learn more about our relationship with Mary and the Saints through Formed.org, and learn more about the Rosary at Formed.org and at the Rosary Center.

Hail Mary, full of grace, the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death.
℟ Amen.

The Glory Be

The Gospel of Matthew commands us to make disciples of all nations, baptizing in the name of the Father, and of the Son, and of the Holy Spirit (Matthew 28:19). We worship one God in the Trinity, and the Trinity in unity, in their equal glory and coeternal majesty (see the Catechism of the Catholic Church, the profession of the Christian Faith).

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end.
℟ Amen.

The Apostles' Creed

The Apostles' Creed, as a faithful summary of the teaching of Christ's apostles, is professed at our Baptism and is our symbol of faith (see the Catechism of the Catholic Church, the profession of Faith).

Learn more about how the Creed deepens our relationship with Christ through [Formed.org](https://www.formed.org).

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

℟ Amen.

Saint Joseph

Saint Joseph, the Just Man, spouse of the Blessed Virgin Mary, and patron of workers who shows us the dignity of human work as participation in God's divine plan of salvation.

Solemnity: March 19
Memorial, St. Joseph the Worker: **May 1**

Prayer

O God, Creator of all things, who laid down for the human race the law of work, graciously grant that by the example of Saint Joseph and under his patronage we may complete the works you set us to do and attain the rewards you promise.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Our Lady of Good Counsel

The Blessed Virgin Mary, under the title of Our Lady of Good Counsel.

Feast Day: April 26

Prayer

O Lord, who know that our earthly thoughts are fearful and uncertain, grant us, through the intercession of the Blessed Virgin Mary, from whom your Son took flesh, a spirit of counsel, and, by teaching us to discern your will, guide us, we pray, in all we do.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Saint Catherine of Sienna

Saint Catherine of Sienna, virgin mystical bride of Christ, restorer of Christian ways of life even during plagues, counsellor of popes, and doctor of the Church.

Feast Day: April 29

Prayer

O God, who set Saint Catherine of Siena on fire with divine love in her contemplation of the Lord's Passion and her service of your Church, grant, through her intercession, that your people, participating in the mystery of Christ, may ever exult in the revelation of his glory.

Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Saint Anthony of Padua

Saint Anthony of Padua, priest and doctor of the Church, and a preacher who revealed profound knowledge of the Word through simplicity of expression.

Feast Day: June 13

Prayer

Almighty ever-living God, who gave Saint Anthony of Padua to your people as an outstanding preacher and an intercessor in their need, grant that, with his assistance, as we follow the teachings of the Christian life, we may know your help in every trial.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Saints Anne and Joachim

Saint Anne and Joachim, faithful parents of the Blessed Virgin Mary, establishing the coming of the Messiah.

Feast Day: **July 26**

Prayer

O Lord, God of our Fathers, who bestowed on Saints Anne and Joachim this grace, that of them should be born the Mother of your incarnate Son, grant, through the prayers of both, that we may attain the salvation you have promised to your people.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Saint Maximilian Kolbe

Saint Maximilian Kolbe, priest and martyr, comforter to those affected by war, giving his life to save others imprisoned in the Auschwitz concentration camp.

Feast Day: **August 14**

Prayer

O God, who filled the Priest and Martyr Saint Maximilian Kolbe with a burning love for the Immaculate Virgin Mary and with zeal for souls and love of neighbour, graciously grant, through his intercession, that, striving for your glory by eagerly serving others, we may be conformed, even until death, to your Son.

Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Saint Teresa of Calcutta

Saint Mother Teresa of Calcutta, Missionary of Charity, light of mercy to the poor, committed to the defence of life.

Feast Day: September 5

Prayer

God, who called the virgin Saint Teresa to respond to the love of your Son thirsting on the Cross with outstanding charity to the poorest of the poor, grant us, we beseech you, by her intercession, to minister to Christ in our suffering brothers and sisters.

Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Saint (Padre) Pio

Saint Pius of Pietrelcina (Padre Pio), priest and confessor marked by Christ's stigmata, committed to alleviating the suffering of families.

Feast Day: September 23

Prayer

Almighty ever-living God, who, by a singular grace, gave the Priest Saint Pius a share in the Cross of your Son and, by means of his ministry, renewed the wonders of your mercy, grant that through his intercession we may be united constantly to the sufferings of Christ, and so brought happily to the glory of the resurrection.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Saint Thérèse of the Child Jesus

Saint Thérèse of the Child Jesus, virgin Carmelite sister pursuing the ‘little way’ in praying for the needs of the Church and the lost souls, becoming a doctor of the Church.

Feast Day: October 15

Prayer

O God, who open your Kingdom to those who are humble and to little ones, lead us to follow trustingly in the little way of Saint Thérèse, so that through her intercession we may see your eternal glory revealed.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **℟** Amen.

Saint Luke

Saint Luke, Gospel writer at the side of Saint Paul, Evangelist of Mercy at the side of Mary, Physician, and Patron of artists.

Feast Day: October 18

Prayer

Lord God, who chose Saint Luke to reveal by preaching and writing the mystery of your love for the poor, grant that those who already glory in your name may persevere as one heart and one soul, and that all nations may merit to see your salvation.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **℟** Amen.

Saint John Paul II

Saint John Paul II, Pope, defender of truth and of human dignity against suffering under fascism, communism, and sickness, who taught us to 'be not afraid!'

Feast Day: October 22

Prayer

O God, rich in mercy, who willed that Pope Saint John Paul the Second should preside over your universal Church, grant, we pray, that instructed by his teaching, we may confidently open our hearts to the saving grace of Christ, the sole Redeemer of the human race.

Who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. **R** Amen.

Prayers from The Roman Missal approved for use in Canada by the Canadian Conference of Catholic Bishops and confirmed by the Apostolic See, 2011.